

Columbia Asia Hospital Puchong's Guide to Fertility Myths

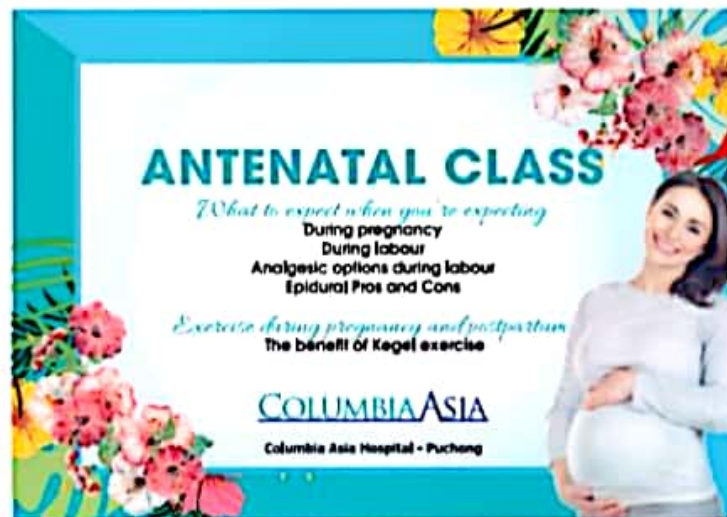
It takes two to conceive. And when it comes to conception, our Columbia Asia Hospital - Puchong experts are here to separate fact from fiction. Read on and let's set straight some misconceptions:

Myth #1: Infertility is a ladies-only problem

Nope. Research finds that 50% infertility problems stems from male partner, 40% female partner and the other 10% are for unknown reasons.

Myth #2: It's easy to get pregnant!

Not true enough. It is said that 1 in 6 people will have difficulty getting pregnant at one point in their lives. Studies have also found that among those who have failed to get pregnant, only 50% tried to get treatment from doctors so actual statistics may be greater



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Myth #3: We should try every day

Wrong again. A healthy sperm will survive in the uterus for at least 5 days and the egg will only be able to live less than a day. Your fertile period is actually less than 7 days a month. If you are having intercourse outside of the fertile period, the chances of getting pregnant are very few even if you had intercourse every day.

Myth #4: Couples should try for a year before seeing a fertility consultant

Couples should seek treatment after a year of trying because 80% of those who wish to get pregnant will succeed after one year of marriage. After 2 years, 90% will become pregnant giving 10% to those suffer from problems that you know are affecting fertility, like irregular menstrual cycles or erectile dysfunction, ask for a referral immediately.

These are just some myths circulating out there, but remember, getting proper education goes a long way. As much as fertility is important, delivery should be meaningful to you as well.

Antenatal Class by Columbia Asia Hospital - Puchong can give you the comprehensive insight on pregnancy, delivery, analgesic options during labour and knowledge on epidural. You can also get the proper care you need by learning about Kegel exercise.



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Choosing the right hospital can offer you the joy of giving birth you have always wanted. We are committed to giving the treatment tailored to your need, and that is where Dr Raja Juhaidah Raja Abdullah comes in. Obtained her Master in Obstetric Gynaecology (MOG) from Universiti Kebangsaan Malaysia in the year 2000. Dr Raja Juhaidah is a Consultant Specialist in Obstetrics and Gynecology at Columbia Asia Hospital - Puchong with 17 years of specialized experience in O&G. Not only she strongly believes in breastfeeding and natural birth, she also pursues her interest in Minimal Access Surgery namely Laparoscopic and Hysteroscopic surgery besides Maternal-Fetal medicine.

From 1st January to 31st December 2018, get a special 15% Room & Board and 20% on Hospital Charges. We understand your excitement in delivering your bundle of joy, and this maternity promotion is the least we can do.

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